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A SYLLABUS
FOR THE STUDY OF
FOOD SECURITY, HUNGER AND POVERTY

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**United States
Department of
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National Agricultural Library

A SYLLABUS FOR THE STUDY OF FOOD SECURITY, HUNGER, AND POVERTY

Prepared by Nancy B. Leidenfrost
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December 1994

INTRODUCTION AND PURPOSE

This syllabus is for teaching a course on food security, hunger and poverty. The course outline focuses on US (domestic) and world hunger and food insecurity often the consequence of poverty. The status of childhood hunger and the characteristics of the poor and views about poverty are addressed. The guide by its contents encourages an interdisciplinary holistic teaching approach and a public awareness concept of global citizenship related to public issues.

The purpose of this course is to add knowledge about hungry, food security and poverty to enhance skills in speaking about and analyzing community situation that foster the quality of public decisions. The curriculum references address concepts, theories, analysis and strategies concerned with the issue of food security.

Many Extension professionals have dual appointments that include resident teaching. This syllabus is prepared for use in their situation, as well as for self-study and can be modified for informal adult education.

OBJECTIVES

To familiarize participants with the current and emerging issues concerning food security, hunger, and poverty.

To understand attitudes and values and points of views of others concerning poverty.

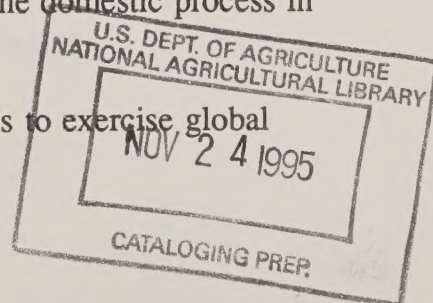
To understand a U.S. historical perspective and legislation enacted to help resolve the issue of food security.

To create an understanding of the complex and controversial issues of hunger and food security in the world.

To increase awareness in assessing hunger and food security and to help individual remain on the cutting edge of the issue.

To promote a greater understanding of the responsibility concerning the domestic process in resolving issues.

To teach about a global issue on which an interdependent world needs to exercise global strategies.



COURSE TIME

This course is planned for 16 one-hour sessions.

STUDENT ASSIGNMENTS

1. Complete a self-analysis, identifying the mastery of new knowledge, concepts, principles, resources, and themes that exhibit your intellectual achievement during the course. (You may want to consider marking your notes during class lectures and citing readings to assist you in later preparing a paper.) Approximately 5 pages
2. Bring to class a recent news article (or use the library to conduct a journal search) that discusses issues which address some facet of the hunger, food security and poverty. Prepare a two-page paper using required reading text, class lecture or the result of a self-initiated literature search to inform the public about the seriousness of a hunger situation and try to persuade them to take some positive action about the issue. List references.

ADULT INFORMAL EDUCATION CLASSES

ACTIVITIES (select one)

1. Volunteer to work 1 day or observe on two different occasions in a public/private facility where poor people are served. For example, foodbanks, food pantries, soup kitchens, or church feeding centers.

Note the type of services, attitudes, values of the provider and receiver and the urgency of the need. Plan to discuss your observation in class.
2. Within the class, organize a project considering an event/opportunity to discuss the issues of food security, hunger, and poverty. Assess the impact of your project.
3. Interview a food related advocacy group member and learn how they selected their issue and how they organize for action. Discuss what you learned in class.

FACULTY IN PREPARATION PRIOR TO OFFERING THE FOOD SECURITY, HUNGER, AND POVERTY COURSE

Prior to offering the course the teacher may:

- take inventory of classes offered in this area or those covering some of the subjects;
- explore the possibility of team teaching with another faculty member;

- . conduct a literature search to learn what specific or appropriate text are available on the following topics:
 - . poverty in the United States
 - . hunger in the United States program strategies and approaches to the poverty, food security, and hunger issues
 - . the right to food, the politic of hunger
 - . world hunger (specific countries) causes of world hunger
- . review the books cited in Leidenfrost (1993-1994) listed below on these topics and select specific pages to be reviewed/read by students;
- . review films cited in the syllabus in anticipation of their use; and
- . review copies of: Leidenfrost, Nancy B. (1993); Papers: Poverty: An Overview and Background Paper; An Examination of the Impact of Poverty on Health; Fifty Facts about Poverty; Definitions Concerned with Food Security, Hunger, Undernutrition and Poverty; and Poverty, Food Security, Hunger and Undernutrition (selected Bibliography) Extension Service, USDA.

Leidenfrost, Nancy B. and Wilkins, Jennifer, L. ed (1994). Food Security in United States: A Guidebook for Public Issues Education. Washington, DC: Cooperative State Research, Education and Extension Service.

OUTLINE

The course is outlined by topic selections for a 16-week period (1 hour sessions). Four class periods will be devoted to the discussion of poverty, six periods to hunger and food security, one to the right of food, one to policies of food, three on world food issues, and the 16 class sessions will be a final test.

Week 1 Introduction - Course description, objectives class assignments and discussion why students are interested or should be interested in the subject. Provide outline of course.

Week 2 and 3

Topic: Poverty in the United States

Content: What is the status of poverty in the US?
How many people in the United States are poor, in poverty?

Who are they and what are their characteristics?

What are their families like and why are they poor?

Readings: (Required text to be determined by teacher)

Bread for the World Institute's Third Annual Report on the State of World Hunger
Hunger 1993: Uprooted People : Washington, DC: Bread for the World.

Blau, Joel. *The Visible Poor: Homelessness in the United States*. (1992). New York: Oxford University Press.

Center for Study of Social Policy. (1994). *Kids Count Data Book*. Baltimore, MD: Annie E. Casey Foundation. Kids Count.

Children's Defense Fund. (1994). *The State of America's Children Yearbook: 1994*. Children's Defense Fund. Washington, DC.

Cook, John T. & Brown, J. Larry. (1993). *Two Americas: Alternative Futures for Child Poverty in the U.S.* Medford, MA: Tufts University School of Nutrition.

Ellwood, David T. (1988). *Poor Support: Poverty in the American Family*. New York: Basic Books.

Hoogterp, B., Lejonvarn with Samuelrich, L. (1990). *Hunger and Homelessness Action: A resource book for colleges and universities*. Minneapolis, MN: University of Minnesota.

Jencks, C. (1994). *The Homeless*. Conn: Harvard University.

Johnson, C. M., Miranda, L., Sherman, A., & Weill, J.D. (1991). *Child Poverty in America*. Washington, DC: Children's Defense Fund.

Leidenfrost, Nancy B. (1993). *Poverty, An Overview and Background Paper*. Washington, DC; Extension Service: pp. 2-9.

Leidenfrost, Nancy B. (1993). *Poverty in the US: Characteristics and Theories*. *Journal of Home Economics*, Fall 1993 3-10

National Center for Children in Poverty. *Five Million Children: A Statistical Profile of Our Poorest Young Citizens*. New York, NY: Columbia University National Center for Children in Poverty.

National Center for Children in Poverty. (1989). *Young Children in Poverty: An Annotated Bibliography of Books and Reports*. New York, NY: Columbia University National Center for Children in Poverty.

Robers, Richard H. (1991). *Persistent Poverty: The American Dream Turned Nightmare*. New York: Plenum Press.

Sigman-Grant, Madeleine & Greer, Betty P. *In Food Security in the United States: A Guidebook for Public Issues Education*. ed. Leidenfrost, Nancy B., and Wilkins, Jennifer L. (1994). Washington, DC: USA Cooperative Extension Service.

Schwarz, John E. & Thomas Volgy. (1992). *The Forgotten Americans*. New York: W.W. Norton & Co.

United States Department of Commerce. Bureau of the Census. (1993). *Current Population Reports*, Series PP60-185. Washington: DC. U.S. Government Printing Office.

U.S. General Accounting Office. (1989, June). *Children and Youths: About 68,000 homeless and 186,000 in shared housing at any given time*. (GAO/PEMD-89-14). Washington, DC: U.S. General Accounting Office.

U.S. House of Representatives, Select Committee on Children, Youth, and Families. (1992). *America's Families: Conditions, Trends, Hopes, and Fears*. (Hearing on February 19, 1992). Washington, DC: U.S. Government Printing Office.

U.S. House of Representatives, Select Committee on Children, Youth and Families. (1990). *No Place to Call Home: Discarded Children in American*. Washington, DC: U.S. Government Printing Office.

Yeich, Susan. (1994). *The Politics of Ending Homelessness*. Lanham, MD University Press of America.

Week 4

Topic: Poverty in the United States.

Content: Working Poor and Income. Distribution Rural, Urban and Inner City Poverty.

Reading: (Required Text to be determined by Teacher).

Working Poor

Edsall, Thomas B. (1984). *The New Politics of Inequality*. New York. W.W. Norton.

Levitan, Sar A., & Shapiro, Isaac. (1987). *Working But Poor America's Contradiction*, Baltimore: John Hopkins University Press.

Littman, M. S. (1991), March. *Poverty areas and the "underclass:" Untangling the web. Monthly Labor Review*. pp.19-32. Washington, DC: U.S. Department of Labor.

Levy, Frank. (1987). *Dollars and Dreams: The Changing American Income Distribution*. New York: Russell Sage Foundation.

Older Women's League. (1988). *The Road to Poverty: A report on the Economic Status of Midlife and Older Women in America*. Washington, DC: Older Women's League.

Smeeding, T.M., O'Higgins, M., & Rainwater, L. (1990). *Poverty, Inequality and Income Distribution in Comparative Perspective: The Luxembourg Income Study (LIS)*. Washington, DC: the Urban Institute Press.

Winnick, Andrew J. (1989). *Toward Two Societies: The Changing Distribution of Income and Wealth in the U.S. Since 1960*. New York: Praeger.

Rural Poor

Davison, Osha Gray. (1990). *Broken Heartland: The Rise of America's Rural Ghetto*. New York: The Free Press: Macmillan.

Duncan, Cynthia M., Editor. (1992). *Rural Poverty in America*. New York: Auburn House.

Porter, Kathryn H. (1989). *Poverty In Rural America: A National Overview*. Washington, DC: Center on Budget and Policy Priorities.

United States Department of Commerce. Bureau of Census. (1993). *Poverty in the United States: 1992. Current Population Reports, Series P160-185*. Washington, DC: U.S. Government Printing Office.

Urban and Intercity Poverty

Cottingham, Clement. (1992). *Race, Poverty, and the Urban Underclass*. Lexington, MA: Lexington Books.

Katz, Michael, Editor. (1993). *The "Underclass" Debate: Views from History*. Princeton: Princeton University Press.

McGeary, Michael G.H., and Lynn, Lawrence E. (1988). *Urban Change and Poverty in the U.S.* Washington, DC: National Academy Press.

Wilson, William Julius. (1987). *The Truly Disadvantaged: The Inner City, The Underclass and Public Policy*. Chicago: University of Chicago Press.

Week 5

Topic: Poverty In the United States

Content: Views About Poverty

Readings:

Axinn, June & Stern, Mark. (1988). *Dependency and Poverty: Old Problems in a New World*. Lexington, MA: Lexington Books.

Leidenfrost, Nancy B. (1993). *Poverty, An Overview and Background Paper*. Washington, DC: Extension Service, USDA. PP10-13.

Hirschman, Albert O. *The Rhetoric of Reaction: Perversity, Futility, Jeopardy*. Cambridge, Mass. Belknap Press. 1991.

Gottschalk, B., & Gottschalk, P. (1988, September). *Anti-poverty Policy in the United States: What Works?* Boston, MA: Boston College & Madison, WI: University of Wisconsin.

Mead, Lawrence. (1991). *Beyond Entitlement: The Social Obligations of Citizenship*. New York: Free Press.

Murray, Charles. (1984). *Losing Ground: American Social Policy, 1950-1980*. New York: Basic Books.

Phillips, Kevin. (1990). *The Politics of Rich and Poor: Wealth and The American Electorate in the Reagan Aftermath*. New York: Random House.

Film: *It Was a Wonderful Life - Hidden Homeless Women* - See Film/Video

Week 6:

Topic: Hunger in the United States

Content: Who are the Hunger? How many are Hungry?

Review the history of events and national efforts and legislation concerning U.S. hunger, food security, and public action. Discuss the push-pull factor of contemporary migrants.

Readings:

Agriculture and Human Values. Special Issue on Hunger. Forthcoming late 1994: Gainesville, FL: University of Florida.

Borjas, George, J. (1990). *Friends or Stranger: The Impact of Immigrants on U.S. Economy*. New York Basic Books.

Brown, J. L.; Pitzer H.F. (19889). *Living in Hungry America*. New York: New American Library.

Brown, J. L. Hunger in the U.S. *Scientific American*. 1987 Feb: 256(2): 37-41.

Brown, J. Larry (1985). *Hunger in America: The Growing Epidemic*. Middletown, Connecticut: Wesleyan University Press.

Breglio, V. J. (1992). "*Hunger in America: The Voter's Perspective*." Research/Strategy/Management (RMS), Inc., Lanham, MD.

Burt, M. R. (1993). *Hunger Among the Elderly: Final Report of a National Study on the Extent of Nature of Food Insecurity Among American Seniors*." Washington, DC: The Urban Institute.

Center for Hunger, Poverty and Nutrition Policy. (1994). *Summary of U.S. Hunger Estimates*. Tufts. Medford, MA: Tufts University.

Cook, J. T. & Brown, J. L. (1992) "*Estimating the Number of Hungry Americans*." Center for Hunger, Poverty and Nutrition Policy Working Paper No. HE01-090292 . Tufts University. Medford, MA. NOTE: This is a supplement to Volume 24, Number 1 of Journal of Nutrition Education.

Dodds, J.M.; Parker, P.S; Haines, P.S., eds. "Hunger in the 80's and 90's." *Journal of Nutrition Education*. 1992 Jan; 24(1): 67S-70-S. Note: This is a supplement Volume 24, number 1 of Journal of Nutrition.

Edelman, Marian Wright. (1987). *Families in Peril: An Agenda for Social Change*. Cambridge, MS: Harvard University Press.

Freedman, Jonathan. (1993). *From Cradle to Grave: The Human Face of Poverty*. Atheneum, 1993.

Hunger 1994-Transforming the Politics of Hunger. Silver Spring, MD: Bread for the World Institute.

Mayer, J. (1990, August). Hunger and Undernutrition in the United States. *Journal of Nutrition*, 120(8), PP 919-923.

The National Commission to Prevent Infant Mortality. (1992). *Troubling Trends Persist: Shortchanging America's Next Generation*. Washington, DC: National Commission to Prevent Infant Mortality.

Physical Task Force on Hunger in America. (1987). *Hunger Reaches Blue Collar America: An Unbalanced Recovery in a Service Economy*. Boston: Physician Task Force on Hunger in America.

Poppendieck, Janet. (1994). Hunger and Public Action: A Social Problem Perspective. In *Food Security in the United States: A Guidebook for Public Issues Education*. ed Leidenfrost, N.B. and Wilkins, L. Washington, Cooperative State Research, Education, Extension Service.

Rust, G.S. (1990). Health Status of Migrant Farmworkers: A Literature Review and Commentary. *American Journal of Public Health*, 80(10), PP 1213-1217.

Simon, Julian (1989). *The Economics Consequences of Immigration*. New York: Basil Blackwell.

The President's Task Force on Food Assistance. (1985). *Report of The President's Task Force on Food Assistance*. Washington, DC.

The United States Conference of Mayors. (1993, December). *A Status Report on Hunger and Homelessness in America's Cities: 1993 A 26-City Survey*. Washington, DC: United States Conference of Mayors.

US Department of Labor. (1989). *The Effect of Immigration on U.S. Economy and Labor Market, Immigration Policy and Research Report*. Washington, DC. U.S. Department of Labor.

US General Accounting Office. (1991. April). *Mother only Families-Low Earning will keep many Children In Poverty*. Report to Congressional Committee. Washington, DC: Government Printing Office.

US House of Representative Domestic Marketing, Consumer Relations and Nutrition Subcommittee. *Hunger in America, Its Effect on Children and Families, and Implications for the Future*. May 8, 1991. Serial No. 102-13. GPO Stock No. 552-070-10726-6.

US House of Representative Agriculture Committee. *Persistence of Hunger in Prosperous Communities*. May 30, 1990. Serial No. 202-20. GPO Stock No. 552-070-10612-0.

US House of Representatives: Select Committee on Hunger, U.S. Congress. *Hunger in America: Who Cares?"* Hearing Record 102-28, April 30, 1992.

VanAmburg Group, Inc. (1994). 1993 National Research Study. *Second Harvest*. Chicago, IL: Second Harvest

Voichick, Jane & Drake, Linda A. (1994). Major Stages of U.S. Food and Nutrition Policy Development Related to Food Security. *Food Security in the United States: A Guidebook for Public Issues Education*, ed. by Leidenfrost, Nancy B. and Jennifer L. Wilkins, Washington, DC.

Week 7

Topic: Hunger in the United States

Content: Select one of the Video/Film resources from the list in this Syllabus.

Week 8

Topic: Hunger in the United States

Content: What is the Status of Childhood Hunger?

Readings:

Center for Hunger, Poverty, and Nutrition Policy. (1993). The Link Between Nutrition and Cognitive Development in Children. Tufts University. Medford, MA.

Center for Study of Social Policy. (1994). Kids Count Data Book. Baltimore, MD: Annie E. Casey Foundation.

Children's Defense Fund. (1992). *The Status of America's Children 1992: Leave No Child Behind*. Washington, DC: Children's Defense Fund.

Children's Defense Fund (CDC) (1998). *A Vision for America's Future: An Agenda For the 1990s: A Children's Defense Budget*. Washington, DC: Children's Defense Fund.

Cook, J.T. & Brown, J.L. (1992). "Estimating the Number of Hungry Americans" Center for Hunger, Poverty and Nutrition Policy Working Paper No. HE01-090292. Medford, MA. Tufts University.

Cook, J.T.: Brown, J.L. *Two Americas, Alternative Futures for Child Poverty in the U.S.* (1993). Medford, MA: Center on Hunger, Poverty and Nutrition Policy, Tufts University, School of Nutrition.

Cook, J.T. and Brown, J.L. *Two Americans: racial differences in child poverty in the US* (1994). medford, MA: Center on Hunger, Poverty and Nutrition Policy, Tufts University School of Nutrition.

Fordham Institute for Innovation in Social Policy. *The Index of Social Health 1989: Measuring the Social Well-being of the Nation. Focus: The social Health of Children and Youth.* (1989). Tarryton, NY: Fordham Institute for Innovation in Social Policy, Fordham University (914) 332-6000 (No Cost)

Karp, Robert J. eds (1993). *Malnourished Children in the United States.* 536 Broadway, New York, NY: Springer Publishing Company.

Kotch, J. and Schackeford, J. (1989, January). *The Nutritional Status of Low-income Preschool Children in the United States: A Review of the Literature.* Washington, DC: Food Research and Action Center. (202) 393-5060.

Lizar, I. Darlington, R., Murray, H., Royce, J., and Snipper, A. (1982). *Lasting Effects of Early Education: A Report from the Consortium for Longitudinal Studies* (Monographs of the Society for Research in Child Development, 47, Serial No. 195). Chicago, IL: University of Chicago Press, PP 165-198.

Zimmerman, C. ed. *Every Fifth Child Faces Hunger in the US.* Washington, DC: Bread for the World, 1991.

Week 9

Topic: Hunger in the United States

Content: Select one of the Video/Film listed at the End of the Topic

Week 10

Topic: Hunger in the United States

Content: Views of Food Security

Readings:

Allen P. (ED.). (1993) *Food for the Future - Conditions and Contradictions of Sustainability.* John Wiley and Sons, Inc. New York, NY.

Cherlin, A.J. (Ed.) (1988). *The Changing American Family and Public Policy.* Lanham, MD: University Press of America.

Cohen, B.E. (1990, July/August). *Food Security and Hunger Policy for the 1990's*. *Nutrition Today*. 24(4), 23-27.

Delgado, Gary. (1994). *Beyond the Politics of Place: New Directions in Community Organizing in the 1990's*. Oakland, CA: Applied Research Center.

Gussow, J.D. (1991). *Chicken Little, Tomato Sauce and Agriculture: Who Will Produce Tomorrow's Food?* Bootstrap Press, NY. PP 143.

FILM/VIDEO RESOURCES

The *USDA Hunger Forum Agenda for the Future* held in Washington on June 17 included about 80 presentations on four panel Themes:

Panel 1: *Extent and Consequences of Hunger: Connections to Poverty, Agriculture, Health Education, and Community Development.*

Panel 2: *Access to a Healthy Diet: Breaking Down Barriers.*

Panel 3: *Taking Control: Empowerment and Self-Sufficiency.*

Panel 4: *Agenda for the Future: Priorities for Change.*

These presentations are being made available on VHS 1/2 inch tapes (about 2 hours per tape). A set of four will be \$47.00.

You can order the VHS tapes from: Video Labs Corporation, 15237 Display Court, Rockville, MD 20850, Telephone (301) 217-0000.

The Campaign to End Childhood Hunger (1991). Overview of Childhood Hunger in the United States and the Measures being taken to relieve this Problem. Food Research and Action Center, 1875 Connecticut Avenue, NW, Suite 540, Washington, DC 20009. (202) 986-2200. Cost \$15.00. Time: 6 minutes.

Hunger in America (1989). Introduction of several Families whose Children are among the one in five U.S. Children living below the Poverty Line. Church World Service, P.O. Box 968, Elkhart, IN 46315 (219) 264-3102. Free rental. Time 58 minutes.

Public Broadcasting System. *Hunger in America: Families First*, with Bill Moyers. 1992. Note: Running time is 90 minutes.

Public Broadcasting System. *Hunger in America*: Public Broadcasting System 1989. Note: Running time is 55 minutes.

It Was A Wonderful Life - Hidden Homeless Women - Directed by Michael Ohayon: Produced by Tamar Glaser: Narrated by Jodie Foster.

You won't see them on street corners, hand held out for change. At first glance, you would not even realize that they are women without homes. They are clean, educated, well-groomed and articulate. They live invisibly throughout society -- the hidden homeless.

It was a Wonderful Life follows the stories of six different hidden homeless women as they struggle to survive, one day at a time, and find a place for themselves in a society ill-equipped to deal with the "used to haves."

Many of the women were left in financial straits following a divorce, loss of a job or a long illness, and were reduced to living out of their cars. Their clothes, dogs, and whatever remains of their former lives are packed in the back seat. Few receive welfare or any other form of assistance. They eke out an existence picking up bits of work here and there. The women avoid public shelters where they might be raped or robbed, preferring to sleep in their cars, or find temporary shelter with friends. With strength, humor and pride, these women manage to survive. They challenge our notion of who can feel secure in our society.

Gold Award Winner, Houston Film Festival, 1993 - 84 minutes. Video. Sale \$395. Rental \$75. Order from: Film Maker Library, 124 East 40th Street, New York, NY 10016 Telephone: 212-808-4980.

No Hunger in My Home - Produced by Nancy Brink

Twenty million people are hungry in America, many for the first time. Local communities have been forced to care for people in need. This film profiles the experience of hunger in California suburb, through three women's stories: Nevada Butler, director of the Ecumenical Hunger Program; Donna Laurreano, her client, a former community worker; and Dr. Maxine Hayes, of the Physicians Task Force on Hunger. It is Donna who sums up the dilemma of the newly poor. "We hate like the devil to ask for help. We've worked hard, we've always been honest and tried to live the American Dream." The film challenges us to examine our responsibilities as individuals and community members to alleviate and eradicate hunger in our country.

26 minutes Video, Sale \$195. Rental \$55. Order from: Filmmaker Library, 124 East 40th Street, New York, NY 10016. (212) 808-4980)

Week 11

Topic: Social Programs, Strategies Approaches to Poverty, Food and Security Hunger Issues.

Content: Types of Social Programs Available for U.S. Poor and Hungry.

Types of Programs which have been successful.

What type of Strategies Approaches
and Innovations are needed.

Readings:

Ashman, L., de la Vage, J., Dohan, M., Fisher, A., Hippler, F., Roman, B. (1993). *Seeds of Change: Strategies for Food Security for the Inner City*. Prepared for the Interfaith Hunger Coalition. Project supervised by: Robert Gottlieb and Peter Sinsheimer. Los Angeles, CA.

Birdson, B.C. (1989, October). *Federal Enterprise Zones: A Poverty Program for the 1990's*. Washington, DC: The Urban Institute.

Gussow, J.D. (1994). *Breaking the Cycle of World Hunger and Poverty*: Paper presented at the Hunger Summit: Lesson from the Brazilian Experience. August 24, 1994. For copy, contact: World Hunger (202) 629-8850.

Danziger, Sheldon, & Weinberg, Daniel. (1986). *Fighting Poverty: What Works and What Doesn't*. Cambridge: Harvard Press.

Freedman, Jonathan, *From Cradle to Grave*. (1993) The Human Face of Poverty, New York: Athenaeum McMillian Publishing Co.

Hunger and the Elderly. (1986). *Joint Hearing before the Domestic Task Force of the Select Committee on Hunger and the Select Committee on Aging, House of Representatives: 99th Congress, Second Session*. Serial No. 99-15. Committee Publ. No 99-572. Washington, DC: US Government Printing Office.

Haveman, R.H. (1988). *Starting Even: An equal Opportunity Program to Combat the Nation's New Poverty*. Old Tappan, NJ: Simon and Schuster, Inc.

Kent, George (1988). *In Society for Nutrition Education Journal*. Nutrition Education as an Instrument of Empowerment. Vol. 20, No.4.

Korten, D.C. (1990). *Getting to the 21st century, Voluntary Action and Global Agenda*. West Hartford, Connecticut: Kumarian Press.

Lappe, Frances Moore. (1991). *Rediscovering America's Values*. NY: Ballantine Books.

National Commission on Children. (1991) *Beyond Rhetoric: A New American Agenda for Children and Families*. Washington, DC: US Government Printing Office.

Rodgers, Harrel R., Jr. (1988). *Beyond Welfare: New Approaches to the Problems on Poverty in America*, Armonk; NY, M.E. Sharpe.

Schorr, L.B, with Schorr, D. (1988). *Within Our Reach: Breaking the Cycle of Disadvantage*. New York: Anchor Press/Doubleday.

US Department of Agriculture. (1993). *Food Program Facts*. Alexandria, VA.: US Government Printing Office.

Information could be cited or searches could be made on the contribution of the following public and private programs:

- . Aid to Families with Dependent Children (AFDC).
- . Job Corps.
- . Private Sector - Food Banks Food Pantries, Food Kitchens.

Week 12

Select one or both of these topics or the politics of hungry

Topic: Right to Food

Content: Cultural Perspectives, Political Institutions, Emerging Events and Activities that Farther the Achievement of the Right to Food.

Readings:

The Bellagio Declaration: Overcoming Hunger in the 1990's. (1989). Bellagio, Italy: Rockefeller Foundation Study and Conference Center.

Bread for the World Institute. (1994). *Hunger 1994--Transforming the Politics of Hunger*. Silver Spring, MD: Bread for the World Institute.

Ehrensaft and Knelman, Edited by. (1986). *The Right to Food --Technology, Policy and Third World Agriculture*.

Eide, W.B. & Eide, A. (1984). Food as a human right. *Journal of Society for International Development* 3, 59.

Eide, Eide, Goonatilake, Gussow & Omawale, edited by (1984). *Food as a Human Right*. The United Nations University.

FAO/WHO Joint Secretariat for International Conference on Nutrition. (1992). *Declaration and Global Plan of Action*. Rome, Italy: Food and Agriculture Organization.

Sen Amartya K. (1981). *Poverty and Hunger. An essay on Entitlement and Deprivation*. Oxford: Clarendon Press.

Tufts University. (1990). *The Medford Declaration to End Hunger in the US Medford*. MA: Tufts University; School of Nutrition, Center on Hunger, Poverty and Nutrition Policy.

US House of Representatives, Select Committee on Hunger. (1992, March 11) *International Conference on Nutrition: Development of World Health and Nutrition*. (Serial No. 102-21.) Washington, DC: Government Printing Office.

Topic: The Politics of Hungry

Content: Review the Interrelativeness and Interconnectedness of the Politics of Hungry/Food to Population Resources, Power, Social Organization Technology and Political Economy of Food Production.

Readings:

Alamoir, Mohiuddin, & Poona, Aroral. (1991). *Providing Food Security for All*. New York: NYU Press.

Bread for the World Institute (1994). *Hunger 1994--Transforming the Politics of Hunger*. Silver Spring, MD: Bread for the World Institute.

Dreze, Jean & Amartya Sen, Ed. (1990). *The Political Economy of Hunger, Vol. 1: Entitlement and Well Being*. Oxford: Clarendon Press.

O'Neill, Onora. *Faces of Hunger: An Essay on Poverty, Justice and Development*. (1986). London and Boston: Allen and Unwin.

Steidelmeier, Paul. (1987). *The Paradox of Poverty: A Reappraisal of Economic Development Policy*. Cambridge, MA: Ballinger Publishing Co.

Warnock, John W. (1987). *The Politics of Hunger*. Methuen: Toronto.

Weisband, Edward, Ed. (1989). *Poverty Amidst Plenty: World Political Economy and Distributive Justice*. Boulder, CO: Westview Press.

Week 13

Topic: World Hunger Film

Content: Select one of the Video/Film resources from the list in this Syllabus

Week 14

Topic: World Hunger (Specific Countries)

Content: Where are most of the World Hungry?

What are the underlying cause of the particular problems associated with Hunger, Food Insecurity and Poverty--Government Policy, Civil unrest war, bad weather and paucity of resources including trained people, institutions and infrastructure.

Readings:

Ashton, Basil, et al. "Famine in China, 1958-61." *Population and Development Review* 10(4) (1984): 613-46.

Churches' Drought Action in Africa. "History of Hunger in Africa." in *The Root Causes of Hunger and Food Insufficiency in Africa, A Studies Subcommittee Report*. 2nd ed. 1986.

Curtin, Philip D. "Nutrition in African History." *Journal of Interdisciplinary History Special Issue: "Hunger and History,"* 14(2) (1983): 173-84.

Erb, Gene. (1990). *A Plague of Hunger*. Ames, IA: Iowa State University Press. This reference discusses Hunger in Honduras, Ethiopia, Egypt, Zimbabwe, and South Korea.

George, Susan. (1977). *How the Other Half Dies: The Real Reasons for World Hunger*. Montclair, NJ: Allanheld.

Glantz, Michael H., ed. (1987). *Drought and Hunger in Africa*. New York: Cambridge University Press.

Mellor, John W., Sarah Gavian. "Famine" Causes, Prevention, and Relief." *Science* 235 (Jan. 1987): 539-43. (Africa-Keyworld).

Population Growth and Agricultural Changes in Africa. (1993). University of Florida: University Press of Florida.

Week 15

Topic: Causes of Hunger
World Hunger Film or Reference Reading

Content: Select Film/Video Listed at the end of this Topic.

Focus on Causes of Hunger including poverty, Wars, Natural Disasters, Environmental degradation, unequal distribution of Food, Rapid Population Growth, Economic Structures and Governments.

Ball, Nicole. (1981). *World Hunger: A Guide to the Economics and Political Dimensions*. Oxford: ABC-Clio.

William, ed. (1982). *The Causes of World Hunger*. New York: Paulist Press.

Golkin, Arline T. (1987) *Famine: A Heritage of Hunger: A Guide to Issues and References*. Claremont, CA: Regina Books.

The Hunger Project. (1985). *Ending Hunger: An Idea Whose Time Has Come*. New York: Praeger.

Kutzner, Patricia. (1991). *World Hunger: A Reference Handbook*. Santa Barbara, CA: ABC-Clio.

Kutzner, Patricia L., Lagoudakis, Nicola (1992). *Who's Involved with Hunger: An Organization Guide* 17. Write: Word Hunger Education Service, Washington, DC 20017 (a revised edition will be available in January 1995).

Lappe, Frances Moore, and Joseph Collins (1986). *World Hunger: Twelve Myths*. New York: Grove Weidenfeld, A Food First Book.

Lappe, Frances Moore (1982). *Diet for A Small Planet*. 10th Anniversary Edition (completely revised). San Francisco. Institute for Food an Development Policy.

Passmore, Reginald. "Famine." *Encyclopedia Britanica* 9 (1966): 58-59.

Withers and Peterson. (1987). *Hunger Action Handbook*. SEEDS.

Unklesbay, Nan. (1992). *World Food and You*. Binghamton: Food Products Press.

FILMS ON WORLD HUNGER

Famine and Chronic Persistent Hunger: A Life and Death Distinction--Explains that chronic hunger accounts for 90 percent of hunger deaths, while famine kills 10 percent. (VHS, 11 minutes. Study Guide, Various Languages).

Order from:
Hunger Project
1388 Sutter Street
San Francisco, CA 94109 (415/928-8700)

Consuming Hunger---Three part miniseries: 1. Getting the Story, 2. Shaping the Image, and 3. Selling the Felling. Critically examines media coverage of the Ethiopian famines and America's response. (VHS, each 29 min., request study guide).

From Sun Up---Award Winning chronicle of the daily lives of Tanzanian women farmers. (VHS or 16mm, 28 minutes. request study guide). Available: 800-331-6197.

The Business of Hunger---Award winning video examines the impact of growing cash crops for export on the lives of poor farmers in the Philippines, Brazil and Senegal. (VHS or 16 mm, 28 min., request study guide).

Order from:
Maryknoll World Production
Media Relations
Maryknoll, NY 10545
800/227-8523 ext. 2308 (purchase)

Seeds of Promise: The Critical Roles of Third World Women in Food Production---Seventy percent of developing nations' food is produced by women. The focus is on women in Agriculture in Senegal, Honduras, and El Salvador. (VHS, 18 mins., extensive study packet).

Order from:
Off International Development Education Program
1815 H St., NW, Suite 1100
Washington, DC 20006
202/446-3430 (purchase)

A Place Called Bati--is a graphic eyewitness segment of "60 minutes" in which Mike Wallace visit Msgr. Robert Coll, the director of a famine relief camp in the area of Bati, Northern Ethiopia in 1984. (VHS, 20 mins).

Order from:
Catholic Relief Services
Global Education Office
209 W. Fayette Street
Baltimore, MD 21201
410/625-2220 (rental and purchase)

The Politics of Food: Sharing the Land---one of a five part series that examines global aspects of development, agricultural trade and hunger. This video assesses the uneven impact of Brazil's industrialization which has created wealth for the few. (VHS, 20 mins.).

With these Hands (VHS 50 mins. version)---links Africa's food shortages to a lack of support for women farmers. Women from Burkina Faso, Kenya and Zimbabwe tell their stories.

Order from: (VHS, four 60 min. programs/2 programs per cassette, request study guide from CWS or call 202-529-3210).

Week 16 Topic: Final Exam for Students

Adult discuss what they have learned in observation sessions.

The Cooperative Extension System, a nationwide educational network established through legislation is a partnership of the U.S. Department of Agriculture, State land-grant universities, and county government

The Cooperative Extension System's programs are open to all citizens without regard to race, color, sex, disability, region, age, or national origin.

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